Ratskeller

GLUTEN FREE MENU

All Gluten Free items can be made into a GF Wrap

• Citrus & Feta Kale Salad

Kale & spinach blend topped with juicy orange segments, grilled chicken, feta cheese crumbles, sunflower seeds and poppyseed dressing.
$17.99

• Strawberry Quinoa Spinach Salad

Kale & spinach blend, quinoa, with grilled chicken, ripe strawberries, mozzarella, sunflower seeds and a berry vinaigrette.
$17.99

• Fiesta Chicken Mexi Bowl -

Shredded chicken over warm chili-lime rice with black beans, mexi - cheese, tomatoes, green leaf lettuce, avocado, and salsa verde.
$17.99

• Loaded Bacon Cheeseburger Bowl

Lettuce topped with seasoned ground beef, crispy bacon, tomatoes, pickles, red onion, green onion, avocado, and our signature special sauce.
$17.99